

# Health, Lifestyle and Aging

“From Bench to Bedside - Translation and Sharing of MS Research”

The MS Society of Canada is pleased to present an information session on research taking place in Newfoundland and Labrador. Dr. Michelle Ploughman will present her research on health, lifestyle and aging with multiple sclerosis.

Attendees will participate in group discussions to enhance knowledge and share ideas. We invite people living with MS and their support networks, as well as health-care professionals, researchers, students and policymakers to join us for this interactive workshop.

## Speaker:

**Michelle Ploughman, PhD**

### St. John's Session

Sunday, October 19, 2014  
11:00 a.m. to 2:30 p.m.

Comfort Inn Airport Hotel  
(106 Airport Road, St. John's)

Lunch will be provided

Please RSVP at 1-800-268-7582 ext. 1017  
or [atlantic@mssociety.ca](mailto:atlantic@mssociety.ca) by October 14

### Corner Brook Session

Sunday, November 2, 2014  
11:00 a.m. to 2:30 p.m.

Greenwood Inn and Suites  
(48 West Street, Corner Brook)

Lunch will be provided

Please RSVP at 1-800-268-7582 ext. 1017  
or [atlantic@mssociety.ca](mailto:atlantic@mssociety.ca) by October 28

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